

Stop by the cafeteria for
school breakfast with
your friends each day!



Indiana Math & Science Academy-WEST December 2019 Grab 'n' Go Breakfast

Monday	Tuesday	Wednesday	Thursday	Friday
December 2 Cold Cereal* Crackers* 100% Juice Milk Fresh Apple or Orange	December 3 Oatmeal Bar (apple or strawberry)* Yogurt 100% Juice Milk Fresh Apple or Orange	December 4 Bagel* with Cream Cheese 100% Juice Milk Fresh Banana	December 5 Cold Cereal* Crackers* 100% Juice Milk Fresh Apple or Orange	December 6 Blueberry Muffin* Yogurt 100% Juice Milk Fresh Banana
December 9 Cold Cereal* Crackers* 100% Juice Milk Fresh Apple or Orange	December 10 Cinnamon Swirls* String Cheese 100% Juice Milk Fresh Apple or Orange	December 11 Strawberry Cream Cheese-Filled Mini Bagels* 100% Juice Milk Fresh Banana	December 12 Cold Cereal* Crackers* 100% Juice Milk Fresh Apple or Orange	December 13 Banana Muffin* Yogurt 100% Juice Milk Fresh Banana
December 16 Cold Cereal* Crackers* 100% Juice Milk Fresh Apple or Orange	December 17 Oatmeal Bar (apple or strawberry)* Yogurt 100% Juice Milk Fresh Apple or Orange	December 18 Bagel* with Cream Cheese 100% Juice Milk Fresh Banana	December 19 Cold Cereal* Crackers* 100% Juice Milk Fresh Apple or Orange	December 20 Blueberry Muffin* Yogurt 100% Juice Milk Fresh Banana

Also Served Every Day:

- Fresh fruit
- 1% white milk & fat-free white milk with no artificial growth hormones or antibiotics

*=Whole-grain item

Non-cereal selection may be offered instead of cold cereal

Menu is subject to change based on availability and quality of food items



This institution is an equal opportunity provider