



Indiana
Department
of
Health

COVID-19 PUBLIC HEALTH RESPONSE

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CDC: Quarantine Guidance Updates

If You Were Exposed to Someone with COVID-19 (Quarantine)

If you:

Have been boosted

OR

Completed the primary series of Pfizer or Moderna vaccine within the last 6 months

OR

Completed the primary series of J&J vaccine within the last 2 months

- Wear a mask around others for 10 days.
- Test on day 5, if possible.

If you develop symptoms get a test and stay home.

If you:

Completed the primary series of Pfizer or Moderna vaccine over 6 months ago and are not boosted

OR

Completed the primary series of J&J over 2 months ago and are not boosted

OR

Are unvaccinated

- Stay home for 5 days. After that continue to wear a mask around others for 5 additional days.
- If you can't quarantine you must wear a mask for 10 days.
- Test on day 5 if possible.

If you develop symptoms get a test and stay home



K-12 Isolation Guidance: When all are masked

If student tests positive:

- Stay home for 5 days
- Return to school Day 6 if asymptomatic or symptoms are resolving and continue to mask for 5 days in classroom (if unable to mask properly at all times, must remain isolated at home for full 10 days)
 - Fever-free for 24 hours without medication and other symptoms improving
- Can resume extracurricular activities on Day 6 if able to wear a mask properly at all times for Days 6-10, above conditions are met and cleared by physician (<https://www.aap.org/en/pages/2019-novel-coronavirus-covid-19-infections/clinical-guidance/covid-19-interim-guidance-return-to-sports/>)

K-12 Quarantine Guidance: When All Are Masked

If student is **exposed** to someone with **COVID-19** in the **classroom**:

- As long as continue to be asymptomatic, may remain in school and continue to wear a mask properly at all times, test on Day 5 if possible
- May continue extracurricular activities; wear a mask properly at all times when able (while not actively performing or actively playing during your sporting activity) for all 10 days
- If symptoms develop, get a test and stay home and if positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.

K-12 Quarantine Guidance: When All Are Masked

If student is **exposed to someone with COVID-19 outside of the classroom, including home contacts:**

- If **fully vaccinated** (have received all doses of vaccines, including booster if eligible)
 - As long as asymptomatic, may remain in school and continue to mask at all times in classroom; test on Day 5 if possible
 - May continue extracurricular activities; wear mask for 10 days (while not actively performing or actively playing during your sporting activity)
 - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.
- If **unvaccinated or partially vaccinated:**
 - Stay home for 5 days; test on Day 5 if possible
 - Return to class on Day 6 if still asymptomatic. Continue to wear a mask for Days 6-10.
 - No extracurricular activities for 5 days of home quarantine. May resume Day 6 only if able to wear a mask at all times (including while actively performing or playing during your sporting activity) for Days 6-10.
 - If symptoms develop, get a test and stay home. If positive, follow isolation guidance. If test is negative, return to school when symptoms have resolved.